EUROMEDLAB
ATHENS 2017
15-16 JUNE

SATELLITE MEETING DIABETES

EUROMEDLAB 2017

Under Poseidon's eye

JUNE **15-16**

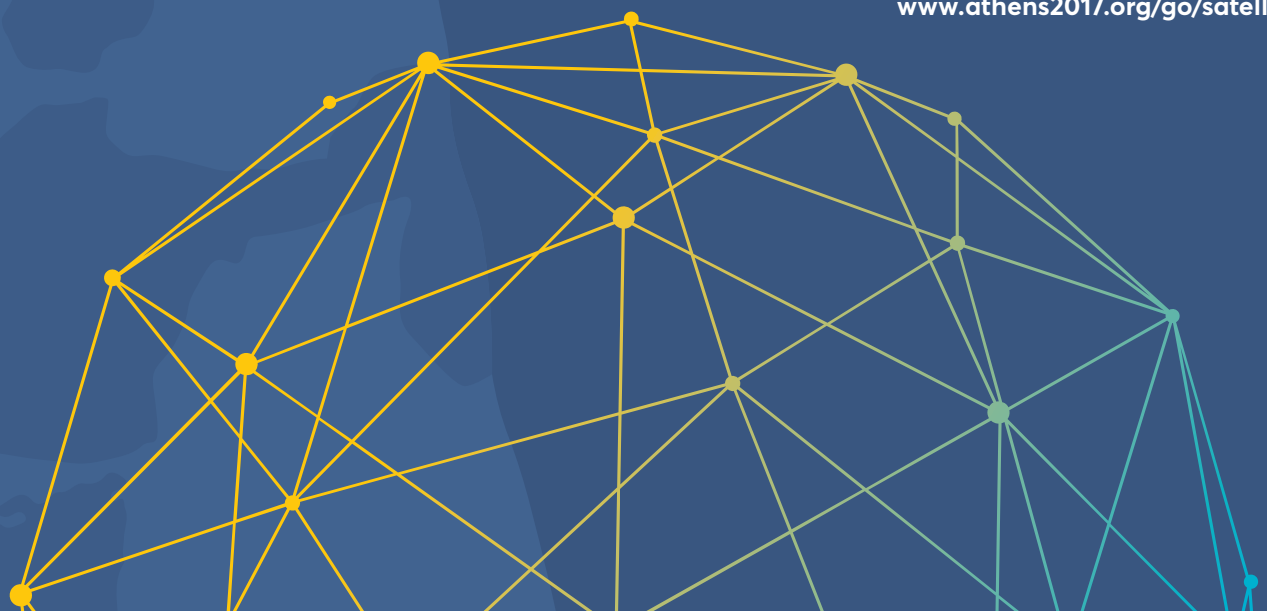
EPLO

European Public Law Organization

SOUNIO GREECE

FINAL PROGRAM

www.athens2017.org/go/satellite



INTERNATIONAL SCIENTIFIC COMMITTEE

Eleni Bairaktari
Emma English
Rajiv Erasmus
Philippe Gillery
Ioannis Ioannidis
Garry John
Asimina Mitrakou
Andrea Mosca
David Sacks
Robbert Slingerland
Cas Weykamp

LOCAL ORGANIZING COMMITTEE

Eleni Bairaktari
Ioannis Doupis
Konstantinos Makris
Yiannis Sdranis
Stelios Tigas
Christos Tzallas

ORGANIZER

IFCC International Federation of Clinical Chemistry and Laboratory Medicine

IN COOPERATION WITH

GSCC-CB Greek Society of Clinical Chemistry Clinical Biochemistry

AUSPICES

EFLM European Federation of Clinical Chemistry and Laboratory Medicine

Satellite Meeting Diabetes

Euromedlab 2017
Co-chairs

Dear Colleagues and Friends,

On behalf of the Hellenic Diabetes Association, the Greek Society of Clinical Chemistry - Clinical Biochemistry and the IFCC Committee for Education in the Use of Biomarkers in Diabetes, it gives us great pleasure to invite colleagues to the Satellite Meeting on Diabetes in conjunction with EuroMedLab 2017.

The scientific programme addresses innovations in both the laboratory and clinic. There will be four sessions.

FIRST SESSION

The first session provides an **overview of diabetes**.

SECOND SESSION

The second session is on **glucose**:

- the state of the art of continuous glucose meters
- the quality of glucose meters
- the patients experiences of self monitoring.

THIRD SESSION

The third session focuses on **HbA1c**:

- the progress in quality of the assay
- the limitations that still remain
- point of care instruments
- the ongoing debate on suitability for diagnosis
- a presentation of the results of the IFCC project on monitoring HbA1c Europe-wide

FOURTH SESSION

The last session is dedicated to **new ideas and future developments:**

- new (non) invasive methods
- advanced glycated end products
- diabetic nephropathy
- gestational diabetes

As reflected by the subtitle "Under Poseidon's Eye", the social programme is associated with ancient Greece. The congress centre is close to the famous Poseidon temple and the programme is scheduled such as that participants will experience the sunset from this historical place.

The organization committee looks forward to welcoming you in Sounio.

Dr. Eleni Bairaktari Dr. Cas Weykamp

Thursday, June 15, 2017

16:30 - 16:45	**Welcome Addresses** Moderator: Eleni Bairaktari (GR) Cas Weykamp (NL)	15′
16:45 - 17:45	**Session 1: Overview / Introduction** Moderator: Eleni Bairaktari (GR) Cas Weykamp (NL)	60′
	60′ **1. Diabetes overview** David Leslie (UK)	
17:45 - 18:10	**Coffee Break**	25′
18:10 - 19:40	**Session 2: Glucose** Moderator: Ioannis Ioannidis (GR)	90′
	30′ **1. CGMS, Continuous Glucose Monitoring System** Alberto Maran (IT)	
	30′ **2. Glucose Meters: Quality and how to choose?** Rosy Tirimacco (AU)	
	30′ **3. Self monitoring, how to do it and interpretation** Roy Derks (NL)	
19:40 - 20:00	**Intermezzo: Sun Set Session**	20′
20:00-21:00	**Walk to Poseidon temple (Sunset on June 15, 2017 at 20:47)**	60′
21:00	**Dinner**	

Friday, June 16, 2017

09:00 - 11:10 | **Session 3: HbA1c** (130')

Moderator: Garry John (UK)

10' **1. What is HbA1c in the eyes of Patient, Clinician and the Laboratory?**
Garry John (UK)

20' **2. POCT Instruments: quality, how to use how to choose**
Emma English (UK)

20' **3. HbA1c for diagnosis?**
David Sacks (USA)

20' **4. Controversies in the interpretation of the HbA1c: pre- and post-analytical factors**
Andrea Mosca (IT)

20' **5. Debate: HbA1c into the target in type 2 DM: do we need SMBG? Yes/No**
Nikolaos Papanas (GR)
Vasilis Tsimihodimos (GR)

20' **6. Glycation Gap**
Rajiv Erasmus (ZA)

11:10 - 11:30 | **Coffee Break** (20')

11:30 - 13:40 | **Session 4: New views and future developments** (130')

Moderator: Asimina Mitrakou (GR)

30' **1. EurA1c: results of shared EQA in European countries**
Cas Weykamp (NL)

25' **2. Advanced glycation end products (AGEs) as biomarkers and pathogenic agents**
Philippe Gillery (FR)

25' **3. Diabetic Nephropathy**
Luigi Gnudi (UK)

25' **4. Gestational Diabetes**
David Sacks (USA)

25' **5. Questions and answers from**
Asimina Mitrakou (GR)

13:40 - 13:50 | **Closing remarks**
10' Cas Weykamp (NL)
Eleni Bairaktari (GR)

GENERAL INFORMATION

VENUE AND DATES

The **Satellite Meeting Diabetes**, will take place in Sounio, on **June 15 - 16, 2017** at the **EPLO (European Public Law Organization)** (Address: 64th Km Sounion Ave. 19500, website: www1.eplo.eu).

LANGUAGE

The official language of the Meeting will be English.

SHOPPING IN ATHENS

In Athens the usual opening hours for shops are:

- Monday, Wednesday & Saturday from 09.30 - 14.30 hours

- Tuesday, Thursday & Friday from 09.30 - 14.30 hours and from 17.30 - 20.30 hours

These times are not always strictly adhered to. Many shops in tourist resorts are open seven days a week.

Department's stores and supermarkets are open from 09.00 - 20.00 hours (Monday-Friday) and from 08.00 - 15.00 hrs (Saturday) and are closed on Sunday.

Post offices are open from 07.30 - 14:00 hours (Monday-Friday)

TRANSPORTATION

Athens Airport

The Athens International Airport is located in Spata, 27 Kms north-east of Athens and handles all international and domestic flights.

For more information please visit the Eleftherios Venizelos website: http://www.aia.gr

A special feature of this web site is that on the home page you can link to live arrival and departure information by clicking on the link Real Time Flight Information

FROM AIRPORT BY TAXI

An average journey by taxi from Eleftherios Venizelos Airport to Sounio should take approximately 40- 50 minutes, depending on the traffic. The cost of the ride should be around € 58 per way.

WEB SITE

Up-to-date information regarding the Meeting will be available at the Euromedlab web site: www. Athens2017.org **Participants will be able to register and book hotel accommodation on line.**

REGISTRATION

FULL REGISTRATION	**€200**
YOUNG REGISTRATION	**€60**
EUROMEDLAB REGISTRANT FULL REGISTRATION	**€140**
EUROMEDLAB REGISTRANT YOUNG REGISTRATION	**€40**

The registration fee includes:

- Transfer from Megaron, Athens to Cape Sounio by bus (Thursday June 15, 2017 13:30)
- Access to the conference hall
- Coffee and tea service
- Dinner to be served on June 15, 2017
- Certificate of attendance

MEETING SECRETARIAT & OFFICIAL TRAVEL AGENCY

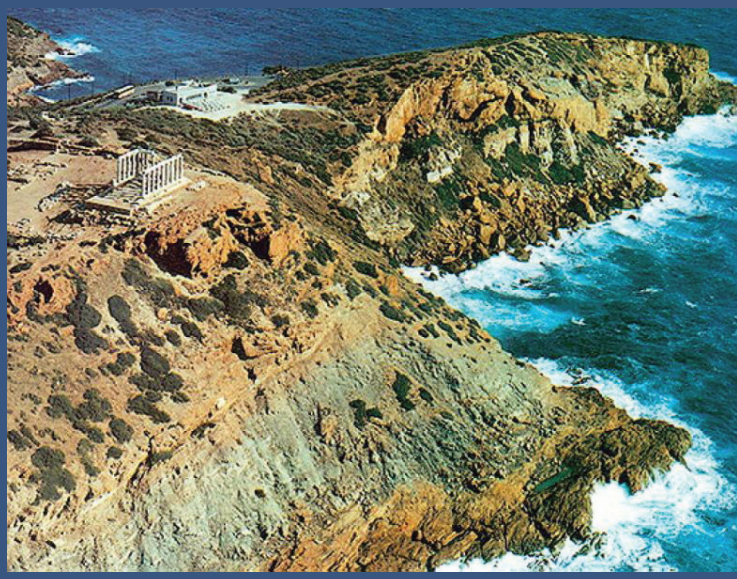
For any information regarding Registration, Accommodation, Travel or Sponsoring please contact the Meeting Secretariat & official Travel agency:

ERA LTD 17, Asklipiou Str., 10680 Athens-Greece
Tel.: +30 210 3634944, Fax: +30 210 3631690 E-mail: info@era.gr, website: www.era.gr

The Registration Secretariat and Hospitality desk will operate at the EPLO during meeting hours.

Place me on Sunium's marbled steep,
Where nothing, save the waves and I,
May hear our mutual murmurs sweep…

"The Isles of Greece"
Lord Byron (1788 – 1824)



Cape Sounio is located in the southernmost tip of the Attica peninsula at a 67 km distance from Athens city and easily accessible from Athens International Airport.

The 5th century B.C. temple of Poseidon, the ancient Greek god of the sea, dominates the Cape, where the horizon meets the Aegean Sea.

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