

International Symposium of WIP

ALGOS 2013 KOS*



PRELIMINARY PROGRAMME

26-29 September 2013
Kipriotis Hotel / Kos Island*/ Greece
www.algos2013.gr

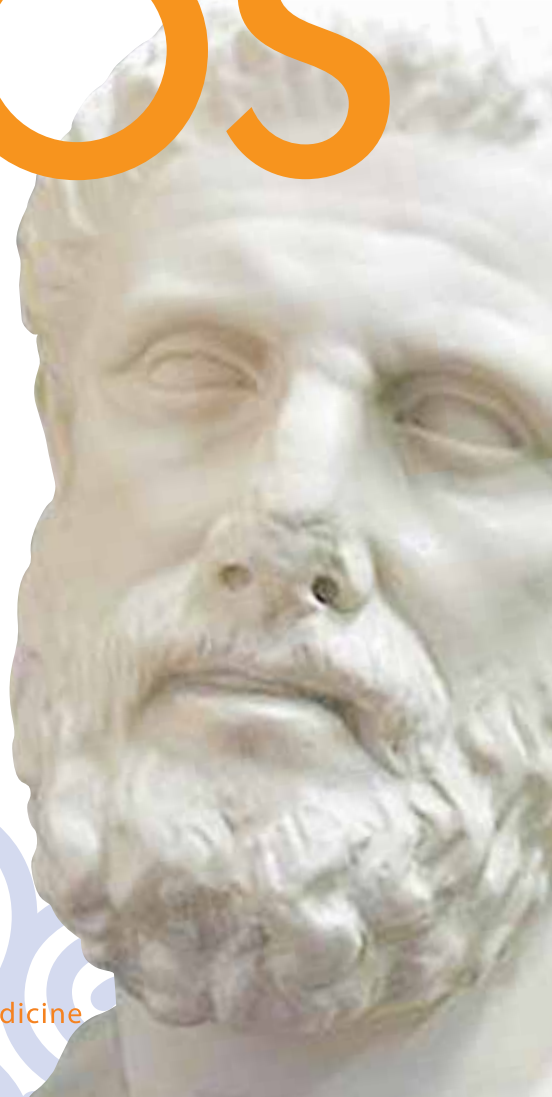


Hellenic Society of Pain Management
and Palliative Care



Symposium Secretariat:
ERA Ltd, 17, Asklipiou Str., 106 80 Athens, Greece
Tel: +30 210 3634944, Fax: +30 210 3631690, e-mail: info@era.gr

* the birthplace of Hippocrates-father of medicine





INVITATION

Dear Friends and Colleagues,

Following the very successful meetings in Santorini "Algos 2002" and in Myconos "Algos 2009" we will present the latest evidence-based and best practice-based Pain Medicine through a comprehensive program during "Algos 2013" in the Greek island of Kos, the birthplace of Hippocrates, founder of Western Medicine.

Join us in this really blessed place!

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MAIN TOPICS \\\

- \\ \\ Basic Science: Physiology, Anatomy
- \\ \\ Basic Science: Metals & Zinc Proteins in the Regulation of Pain
- \\ \\ Interventional Techniques for Pain Management
- \\ \\ Neuromodulation
- \\ \\ Intrathecal Drug Delivery Systems
- \\ \\ Complications of Interventional Pain Practice
- \\ \\ Radiofrequency: Past, Present & Future
- \\ \\ Ultrasounds and Pain Management
- \\ \\ Pharmacological Therapies of Chronic Pain with Opioids and Non Opioids
- \\ \\ Opioids and Cancer Growth
- \\ \\ Is Hyperalgesia another Neuropathic Pain Syndrome?
- \\ \\ Acute Pain
- \\ \\ Education and Pain Management
- \\ \\ Chronic Pain and Monoclonal Antibodies
- \\ \\ Cancer Pain
- \\ \\ Cancer Pain and Bone Metastases
- \\ \\ Neuropathic Pain
- \\ \\ Fibromyalgia
- \\ \\ Orofacial Pain
- \\ \\ Joint, Muscle and Myofascial pain
- \\ \\ Pain in the Elderly
- \\ \\ Neonatal and Paediatric Pain
- \\ \\ Obstetric Labor Pain
- \\ \\ Discogenic Pain
- \\ \\ Acupuncture for Acute and Chronic Pain. Is it Evidence Based?
- \\ \\ Alternative Therapies
- \\ \\ Electromagnetic Fields and Pain





PROGRAMME AT A GLANCE

Thursday September 26th 2013			
	HALL I	HALL II	HALL III
15:00-17:30	Check in-Registration		
16:15-17:15		e-Posters Session I	e-Posters Session II
17:30-19:00	Round Table I <i>Basic Science and Pathophysiology of Pain</i>		
19:00-19:30	Lecture I <i>Education and Pain Management</i>		
19:30-20:30	Opening Ceremony <i>Welcome Addresses Opening Lecture</i>		
20:30	Welcome Reception		

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Friday September 27th 2013			
	HALL I	HALL II	HALL III
08:00-09:00			e-Posters Session III
09:00-10:30	Round Table II <i>Chronic Pain: Management Outcomes & Economics</i>	09:00-12:00 Workshop I <i>Local Anaesthetic Toxicity Crisis Management</i>	
10:30-11:30	Acute Pain		10:30-11:30 Workshop II <i>Hands-on Demonstration with Ultrasound Techniques in Children</i>
11:30-12:00	Coffee Break		
12:00-12:30	Satellite Lecture <i>Oral Transmucosal Fentanyl Citrate and Breakthrough Pain</i>		
12:30-13:00	Lecture III <i>CRPS Evidence Based: What's New?</i>		
13:00-14:30	Round Table III <i>Neuromodulation</i>	13:00-14:30 Workshop III <i>Hypogastric Plexus Block</i>	
14:30-15:30	Lunch Break	14:30-15:30 e-Posters Session IV	14:30-15:30 e-Posters Session V

PROGRAMME AT A GLANCE

Friday September 27th 2013			
	HALL I	HALL II	HALL III
15:30-17:00	Round Table IV <i>Cancer Pain</i>		15:30-17:00 Workshop IV <i>Hands-on Demonstration with Neurostimulation Techniques</i>
17:00-18:00	Interventional techniques		

Saturday September 28th 2013

	HALL I	HALL II	HALL III
08:00-09:00			e-Posters Session VI
09:00-10:30	Round Table V <i>Opioids, Cancer Growth and Cancer Pain</i>	HOSPITAL OF KOS 09:00-12:00 Workshop V at the Hospital: <i>Hands-on Mannequin Workshop on Interventional Techniques</i>	09:00-10:30 Workshop VI <i>Hands-on Demonstration with Ultrasound Techniques in Children</i>
10:30-11:00	Lecture <i>Research Contact and Misconduct</i>		
11:00-11:30	Coffee Break		
11:30-12:30	Satellite Lectures <i>Safety and Efficacy of Transdermal Buprenorphine The Role of Oxycodone in Chronic Pain</i>		
12:30-14:00	<i>Pharmacological Treatment of Neuropathic Pain: Guidelines of the Hellenic Society of Pain Therapy and Palliative Care</i>		
HALL II			
14:00-15:00	Lunch Break	e-Posters Session VII	
15:00-16:30	Round Table <i>Miscellaneous</i>		15:00-16:30 Workshop VII <i>Hands-on Demonstration with Ultrasonic Techniques</i>
16:30-17:00	Closing Session-Awards		
18:00-20:00	Closing Ceremony at Asclepeion - Reception at Hippocrates' Platanos tree		

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PRELIMINARY SCIENTIFIC PROGRAMME

Thursday September 26th 2013

HALL I

15.00-17.30	Check in - Registration
17.30-19.00	Round table I Basic Science and Pathophysiology of Pain Chairs: A. Evagelou, G. Papadopoulos, E. Raptis > Metals & Zinc Proteins in the Regulation of Pain V. Kalfakakou > The Role of Microglia in Pain C.T. Hartrick > Opioid Hyperalgesia: Myth or Reality? A. Borgeat
19.00-19.30	Lecture I Chairs: S. Erdine, A. Vadalouca, V. Vrettou > Education and Pain Management P. P. Raj
19.30-20.30	Opening Ceremony Chairs: S. Erdine, A. Vadalouca Welcome Addresses Opening Lecture S. Geroulanos
20.30	Welcome Reception

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PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, September 26th, 2013

HALL II

16.15-17.15	e-Posters Session I Chairs: A. Manataki, S. Kandreviotou, A. Daflou
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HALL III

16.15-17.15	e-Posters Session II Chairs: E. Karanika, Ch. Karanastasi, A. Kaperda
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Friday, September 27th, 2013

HALL I

09.00-10.30	Round table II Chronic Pain: Management Outcomes & Economics Chairs: G. Varrassi, G. Papadopoulos, F. Kremastinou > Medical Management of Chronic Low Back Pain: Quo Vadis? Are There Alternatives for Interventional Pain Management? J. Van Zundert > Improvement of Pain Outcomes by Better Patient Selection and Diagnostic Programs K.C.P. Vissers > Can we Save Money in Pain Management? E. Alon
10.30-11.30	Acute Pain Chairs: Ch. Walker, A. Mela, D. Sarridou > Which Analgesic Techniques Affect Postoperative Outcome? N. Rawal > Robotic Abdominal Surgery Minimizes Post Operative Analgesics C. Konstantinidis
11.30-12.00	Coffee Break
12.30-13.00	Satellite Lecture Chairs: M. Vafiadou, E. Vrachnou, V. Tsirtsiridou > Oral Transmucosal Fentanyl Citrate and Breakthrough Pain S. Pouloupoulou

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PRELIMINARY SCIENTIFIC PROGRAMME

Friday, September 27th, 2013

HALL I

12.30-13.00	Lecture II <i>Chairs:</i> S. Erdine, Th. Vogiatzaki, S. Douvli > <i>CRPS Evidence Based. What's New?</i> R. Rauck
13.00-14.30	Round Table III Neuromodulation <i>Chairs:</i> R. Rauck, D. Vassilakos, I. Kouroukli > <i>Present and Future of Interventional Pain Specialty</i> R. Ruiz Lopez > <i>Radiofrequency: Past, Present & Future</i> S. Erdine > <i>Complications of Neuromodulation</i> S. Ozyalcin
14.30- 15.30	Lunch Break
15.30-17.00	Round Table IV Cancer Pain <i>Chairs:</i> S. Ozyalcin, A. Zaralidou, A. Tsirogianni > <i>Bone Metastases & Breakthrough Pain</i> G. Talu > <i>Cancer Pain: Improvement Programs for Cancer Pain</i> K. C. P. Vissers > <i>Early Inclusion of Palliative Care in Oncology Care</i> S. Bosnjak
17.00-18.00	Interventional Techniques <i>Chairs:</i> M. Karanikolas, E. Antonopoulou, Ch. Karanastasi > <i>Cooled RF Applications in Chronic Pain</i> N. Mekhail > <i>Orofacial Pain</i> Ph. Mavrocordatos

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PRELIMINARY SCIENTIFIC PROGRAMME

Friday, September 27th, 2013

HALL II

09.00-12.00	Workshop I Local Anaesthetic Toxicity Crisis Management E. Argyra, E. Moka, K. Theodoraki <i>Commentator:</i> A. Borgeat
13.00-14.30	Workshop III Hypogastric Plexus Block G. Votta-Velis <i>Co-ordinator:</i> Z. Gabopoulou
14.30-15.30	e-Posters Session IV <i>Chairs:</i> P. Kaberi, A. Stratsiani, Ch. Isaia

HALL III

08.00-09.00	e-Posters Session III <i>Chairs:</i> T. Lefaki, P. Galanou, A. Karra
10.30-11.30	Workshop II Hands-on Demonstration with Ultrasound Techniques in Children Upper and Lower Extremities E. Garini, E. Karkala <i>Co-ordinator:</i> G. Mammi
14.30-15.30	e-Posters Session V <i>Chairs:</i> M. Zotou, G. Konstantopoulou, M. Papastamou
15.30-17.00	Workshop IV Hands-on Demonstration with Neurostimulators Techniques Upper and Lower Extremities G. Stamatiou, P. Theodosiadis, E. Antonopoulou

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**PRELIMINARY SCIENTIFIC PROGRAMME**

Saturday, September 28th, 2013

HALL I

09.00-10.30	Round Table V Opioids, Cancer Growth and Cancer Pain <i>Chairs:</i> P. Maidatsi, E. Athanasiadis, A. Krespi > <i>Opioids & Cancer Biology. Preclinical Evidence</i> E. Moka > <i>Perioperative Opioids & Cancer Growth</i> I. Siafaka > <i>Cancer Pain and Spinal Opioids</i> G. Votta-Velis
10.30-11.00	Lecture III <i>Chairs:</i> A. Borgeat, M. Gouliami, Ch. Staikou > <i>Research Contact and Misconduct</i> E. Argyra
11.00-11.30	Coffee Break
11.30-12.30	Lectures <i>Chairs:</i> G. Papadopoulos, A. Bairaktari, A. Paladini > <i>Safety and Efficacy of Transdermal Buprenorphine</i> A. Vadalouca > <i>The Role of Oxycodone in Chronic Pain</i> I. Siafaka
12.30-14.00	Pharmacological Treatment of Neuropathic Pain: Guidelines of the Hellenic Society of Pain Therapy and Palliative Care <i>Chairs:</i> A. Vadalouca, I. Siafaka, E. Vrachnou
14.00-15.00	Lunch Break

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PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, September 28th, 2013

HALL I

15.00 -16.30	Round Table VI Miscellaneous <i>Chairs:</i> Ch. Michaloliakou, G. Anastasiadou, E. Papadopoulou > <i>Is Hyperalgesia Another Type of Neuropathic Pain?</i> M. Karanikolas > <i>Thromboprophylaxis in Cancer</i> E. Arnaoutoglou > <i>Enhancing the Nurse's Role in Pain Management</i> F. Cox
16.30-17.00	Closing Session - Awards
18.00-20.00	Hippocrates' Oath Ceremony at Asclepeion / Reception at Hippocrates'Platanos tree

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PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, September 28th, 2013

HOSPITAL OF KOS

09.00-12.00 **Workshop V at the Hospital**
Hands-on Mannequin Workshop on Interventional Techniques
S. Erdine, J. Van Zundert, A. Vadalouca

HALL II

08.00-09.00 **e-Posters Session VI**
Chairs: S. Georgopoulou, E. Theodorou, J. Demosthenous

HALL III

08.00-09.00 **e-Posters Session VII**
Chairs: P. Chloropoulou, M. Papadopoulou, I. Skouteli

09.00-10.30 **Workshop VI**
Hands-on Demonstration with Ultrasound Techniques in Children Upper and Lower Extremities
K. Armeni
Coordinator: A. Anagnostidou

15.00-16.30 **Workshop VII**
Hands-on Demonstration with Ultrasound Techniques Upper and Lower Extremities
T. Paraskevopoulos, A. Kotouzas

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GENERAL INFORMATION

SYMPOSIUM VENUE & DATES

The Congress will be held in Kos island, in Greece, at the Panorama-Kipriotis Hotels & KICC from 26th to 29th September, 2013

ABOUT KOS

Kos is Greece in a nutshell, ancient ruins, idyllic beaches, the remains of passing civilizations, from Turks to Venetians, all within easy reach. Kos offers the visitor a wonderful variety of landscapes, beaches, sites and monuments, entertainment, cuisine and modern accommodation. Its proximity to other beautiful islands such as Kalymnos, Patmos and the coast of the Asian Minor, offers unique opportunities for small daily getaways.

In ancient times, Kos was home to Hippocrates, the father of medicine. His treatise *Airs, Waters and Places*, stressing the importance of a good environment, was no doubt inspired by the sparkling sea and hot sun of his native patch. West of Kos Town, in a magnificent hillside setting overlooking Anatolia, is the Asklepieion, an old temple and cure centre where Hippocrates' practiced and taught medicine.

The International airport of Kos is connected via charter flights to the whole Europe as well as Athens and the other major cities in Greece, while there are daily sea connections with Piraeus, Rhodes and the other Dodecanese islands.

If you have never been to Greece before, Kos can give you an intriguing foretaste of what the country has to offer. And if you are an old-hander, then you can find out all again why you like Greece so much. Either way, there's more than enough excuse to make the most of coming to Kos.

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KEY DATES

- >> Deadline for abstract submission: 15 July 2013
- >> Notification of abstract acceptance by 25 July 2013
- >> Early registration deadline 22 July 2013

REGISTRATION FEES

	Until 22 July 2013	After 22 July 2013
>> WIP Members	250 €	290 €
>> WIP NON Members	295 €	350 €
>> NON Physicians / Nurses/ Residents	150 €	200 €

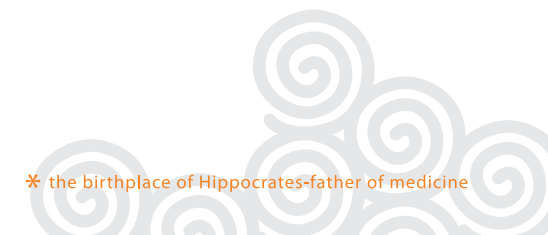
The registration fees for the participants cover: Access to the Scientific Sessions, Exhibition, Satellite Symposia, Congress material, Welcome Reception on Thursday September 26th, 2013, Coffee & Light Lunch Breaks, Certificate of Attendance for the Congress, Closing Ceremony at Asclepeion - Reception at Hippocrates' Platanos tree.

SCIENTIFIC PROGRAM

The Scientific program consists of Lectures, Symposia, Round Tables, Discussion with the Experts, Debates, Hands-on Workshops and e-Poster Presentations.

e-POSTER POSTER PRESENTATIONS

Accepted abstracts will be presented as e-Posters.





GENERAL INFORMATION

CONTINUING MEDICAL EDUCATION

Application for CME accreditation will be introduced with the European Accreditation Council for Continuing Medical Education.

SOCIAL EVENTS

The Opening Ceremony will take place on Thursday, September 26th 2013 followed by a Welcome Reception, included in the Registration Fee. The Hippocrates Oath Ceremony will take place on Saturday September 28th 2013 at Asclepeion. Reception at Hippocrates' Platanos tree will follow.

TRADE EXHIBITION

An exhibition of pharmaceutical products and medical publications will be organized during the Symposium.

CALL FOR ABSTRACTS

The Scientific Committee invites authors to submit abstracts to be considered for inclusion in the Scientific Programme as e-Poster Presentations. Participants wishing to contribute to the Scientific Programme of the Congress are kindly requested to submit their abstracts before July 15th, 2013, together with the registration form and the registration fee of at least one author (Presenting).

Abstract Format

1. Size: The abstract should not exceed **250 words**.
2. Style: We recommend structuring the abstract into paragraphs, like **Background, Aims, Methods, Results, Summary/ Conclusions**. The abstract must be typed in English in Times New Roman 11pt and will be adjusted in size for printing.
3. Please enter your information as follows:
 - a) **Title:** The title must be in capitals and should not exceed 20 words.
 - b) **Author's names:** The name of the Presenting Author should be mentioned first underlined. Separate multiple authors with commas.
 - c) **Institution(s):** Abbreviate if necessary; full postal addresses are unnecessary.
 - d) **Background:** A short introduction is needed to the background of the study. Limit information to the essentials. If you are referring to published work then you must cite it.
 - e) **Aim:** Please mention the aim of the study.
 - f) **Methods:** Give enough details for the reader to understand what techniques were used; include details of statistical methods.
 - g) **Results:** Results must be stated. If the method should ordinarily produce numerical data, then numbers must be presented with appropriate statistical results.
 - h) **Summary/ Conclusions.**

How to submit

Papers should be submitted by e-mail: info@era.gr to the Symposium Secretariat: ERA Ltd not later than July 15th, 2013.

Acceptance / Rejection of Presentation

The Scientific Committee will review all submitted abstracts. Selected abstracts will be presented as e-Poster presentations. Authors of abstracts accepted for presentation will receive notification and information regarding their presentation, by July 25th, 2013.

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GENERAL INFORMATION

AUDIOVISUAL EQUIPMENT

Symposium venue will be equipped with data video projectors for PC presentations.

LANGUAGE

The official language of the Congress will be ENGLISH.

ACCOMMODATION

To facilitate participants, rooms have been reserved at the Kipriotis Hotels. Hotel Accommodation Package (including 3 nights on BB basis 26-29 September 2013) The Hotel Accommodation Package includes: 3 nights hotel accommodation in single or double room breakfast and taxes included, Arrival & Departure Transfer from Kos airport or port according to the flight/boat schedules announced by the Secretariat

Kipriotis Hotels	Single	Double
PANORAMA	520€	520 €
VILLAGE	520€	520 €

HOW TO REACH KOS

The island can be reached by air from Athens (daily service from Athens airport) or by ferry from Piraeus. Transportation from /to the airport or the harbour of Kos will be provided to all participants that will reserve tickets through ERA Ltd - the appointed Organizing office and Travel Agency of the Symposium.

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AIRFARE TICKETS (Deadline for booking tickets: 22 July 2013)

To facilitate participants, seats have been pre-booked in convenient flights. For information please visit the Symposium website www.Algos2013.gr or contact the Organizing Secretariat and Travel Agency: ERA LTD

WEATHER AND DRESS

In September, the average temperature in Kos island ranges from 26o C to 32o C. Dress code to all social events: Smart casual

ELECTRIC POWER


Electric current in Greece is 220/240 AC/50 Hz . The plugs have 2 or 3 round pins similar to those in many European countries.

LIABILITY AND INSURANCE

The Organizers cannot be held responsible for any claim concerning liability, personal damage, lost, theft, illness, non appearance of speakers etc. We recommend participants and exhibitors to cover these risks by a respective insurance. The Programme is subject to change without notice. In case of cancellation of the event the registration fees will be refunded. No additional claims will be accepted.

ORGANIZING SECRETARIAT & TRAVEL AGENCY

For Registration, Hotel Accommodation, Social Activities, Travel Services and Sponsoring please contact:

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