

7^ο ΣΥΝΕΔΡΙΟ

Ελληνικής Εταιρείας Ιατρών Υποβοηθούμενης Αναπαραγωγής



Πανελληνίας Ένωσης Κλινικών Εμβρυολόγων

ΕΞΩΣΩΜΑΤΙΚΗ ΓΟΝΙΜΟΠΟΙΗΣΗ

4 - 6 Ιουνίου 2026
ΑΙΓΗΝ ΖΑΠΠΕΙΟΥ
ΑΘΗΝΑ

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SCIENTIFIC PROGRAM
Thursday, June 4, 2026

Time – Hall

12:30 – 13:00 Arrival – Registration

13:00 – 14:00

Session I

Chairs: Alexandros Tzeferakos, Konstantinos Yatras, Georgios Nikolopoulos, Ioanna Athanasiou

- Miscarriages after IVF. What are the strategies for ultimate success?
Magdalini Kargakou
- Endometrial microbiome and infertility
Christodoulos Papanikolopoulos
- Luteal phase support in oocyte recipients: is individualization necessary or not?
Stylios Papadopoulos
- Oocyte cryopreservation at advanced reproductive age
Thomas Stavrakis

14:00 – 14:45

Session II

Chairs: Konstantinos Dimitropoulos, Ioannis Douliotis, Evripidis Mantoudis, Georgios Patrikios

- Autoimmune diseases and reproduction: how they affect IVF outcomes
Marina Dimitraki
- Frozen embryos and gestational hypertension
Ioulia Bosdou
- Diagnostic and prognostic markers of ovarian reserve and fertility: latest data
Apostolos Ziogas

14:45 – 15:45

Session III – EMBRYOLOGY TOPICS

Chairs: Terpsi Vaxevanoglou, Evangelia Timotheou

- Oocyte aging: molecular mechanisms and new therapeutic approaches
Stella Galatidou
- When time passes: the multidimensional impact of age on reproduction
Dimitra Nikiforaki

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15:45 – 16:45

Session IV

Chairs: Georgios Ioannidis, Athanasios Kastoras, Konstantinos Mavrelas, Vasileios Fiakas

- Add-ons in reproduction: clinical benefit or overuse?
Artemis Karkanaki
- Ovarian hyperstimulation syndrome: a disease of the past?
Tryfon Lainas
- Cycle programming and synchronization strategies in IVF
Panagiotis Drakopoulos
- Progesterone-primed ovarian stimulation: indications and protocols in IVF cycles
Loukas Klentzeris

16:45 – 17:15

Coffee break & exhibition visit

17:15 – 18:15**Session V**

Chairs: Nikos Nikolettos, Athanasios Parashos, Nikolaos Manias, Ioannis Kalogirou

- Premature ovarian insufficiency: aging and polyphenols
Leonidas Mamas
- Pharmacological management of obesity in assisted reproduction
Evangelia Deligeoroglou
- Endocrine disorders in IVF
Aristeidis Kerasotis
- Real-life IVF challenges: managing difficult clinical scenarios
Olga Triantafyllidou

18:15 – 19:15**Session VI – EMBRYOLOGY TOPICS**

Chair: Eros Nikitos

- Contribution of PGT-A to clinical outcomes of PGT-M and PGT-SR – a retrospective single-center analysis
Dimitra Christopikou
- Clinical outcomes after transfer of mosaic embryos in PGT-A cycles
Zinovia Kyprioti
- Next-Gen Embryology: technological innovations and clinical applications
Valia Dinopoulou
- Indications for genetic testing with Whole Exome Sequencing and counseling in assisted reproduction
Ioannis Georgiou

19:15 – 20:15**Session VII**

Chairs: Georgios Ladogiannis, Michalis Pelekanos, Vasileios Athanasiou, Themistoklis Mantzavinos

- Donation of genetic material
Mairy Nikolakopoulou
- Electronic donor registry
Nikoletta Deligeoroglou
- Assisted reproduction: general framework
Ismini Kriari
- Medical liability and assisted reproduction
Theodoros Lytras

20:15 – 21:00

Opening Ceremony – Welcome Addresses

21:00

Welcome Reception

Friday, June 5, 2026

08:00 – 09:00

Session VIII – FREE COMMUNICATIONS I

09:00 – 10:00

Session IX

- Pregnancy after social freezing: first evaluation of international data and counseling guidelines
Ioannis Raptis
- Lifestyle in IVF
Georgios Partsinivelos
- IVF in men after kidney transplantation
Iakovos Sousis
- Importance of the female factor in male infertility
Lazaros Karagiannidis

10:00 – 11:00

Session X – EMBRYOLOGY TOPICS

- Bioethical and legal approaches with empathy in adopting add-ons in ART laboratories
Maria Filippa
- Embryo selection via PGT and AI: challenges and bioethical implications
Aikaterini Chatzimeletiou

11:00 – 11:30

Coffee break

11:30 – 12:30

Session XI

- Use of progesterone in ovarian stimulation
Konstantinos Kostaras
- Psychological issues in assisted reproduction
Ioannis Zervas
- Tips and tricks in IVF practice
Marinos Tsigotis
- Fertility independence: pros, cons, possibilities
Aikaterini Domali

12:30 – 13:00

Satellite Lecture I

13:00 – 13:30

Satellite Lecture II

13:00 – 14:00

Session XII – EMBRYOLOGY TOPICS

- Ultra-rapid vitrification: a new era
Ioannis Panagiotidis
- Embryo dynamics: “self-correction” and the future of IVF
Ioanna Mastromina

14:00 – 14:30

Light lunch break & General Assembly

14:30 – 15:30

Session XIII

- Fertility preservation for non-oncological medical reasons
Konstantinos Daphopoulos
- Surgical management of endometriosis and fertility preservation
Serafim Fountas
- Stimulation protocols in young women with low ovarian reserve
Sofia Kalantaridou
- Adolescence: the gateway to fertility
Nikolaos Petrogiannis

15:30 – 16:30

Session XIV

- The role of legal professionals in ART
Evangelia Sfakianoudi
- GDPR and management of sensitive personal data in ART
Chara Daouti
- Bioethics and religion in assisted reproduction
Panagiotis Karantzis
- Financial and organizational management of ART units
Ioannis Konstantatakis

17:00 – 18:00

Session XV

- Artificial intelligence in IVF: a 2026 update
Charalampos Syristatidis
- Placenta accreta in IVF pregnancies
Georgios Daskalakis
- ART units in Greece: needs, challenges, perspectives
Ioannis Zervomanolakis
- Management of poor responders: evidence-based data
Theodoros Kalampokas

18:00 – 19:00

Satellite Symposium

19:00 – 20:00

Session XVI

- The demographic problem in Greece
Michail Koutsilieris
- Infertility and therapeutic advances
Konstantinos Sfakianoudis
- When to proceed to IVF
Agni Pantou
- Infertility: the importance of awareness
Konstantinos Pantos

20:00 – 21:00

Session XVII

- Non-invasive preimplantation testing (niPGT-A) in advanced maternal age with recurrent losses
Dimitrios Loutradi
 - Robotic technology in fertility surgery
Ilias Tsakos
 - Grey areas in assisted reproduction
Vyron Asimakopoulos
 - Fertility preservation in cancer patients (gynecological perspective)
Nonika Tarlatzi
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08:00 – 09:00

Session XVIII – FREE COMMUNICATIONS II

09:00 – 10:00

Session XIX

- Health of children after IVF
Evgenia Touloupi
- Optimizing ovarian response in women with reduced ovarian reserve
Nikoletta Koutlaki
- Pre-IVF medical assessment
Vasileios Kalampokas
- Value of HyFoSy in fertility diagnostics
Christina Messini

10:00 – 11:00

Session XX – EMBRYOLOGY TOPICS

- From donation to parenthood: donor and recipient profiles in sperm donation
Lina Evgeni
- Oxidative balance and DNA fragmentation: routine in semen analysis?
Stamatis Papacharitou
- Sperm processing methods: evidence-based data
Mara Simopoulou

11:30 – 12:30

Session XXI

- Can we modify the immune system to enhance embryo implantation?
Antonios Makrigiannakis
- High responders: mild or intensive stimulation?
Christos Venetis
- PGT-A in clinical practice
Theocharis Papageorgiou

12:30 – 13:30

Session XXII

- Endometrial preparation for frozen embryo transfer: natural cycle or hormonal support?
Vasileios Tarlatzis
- Problems in genetic interventions
Aristeidis Antsaklis
- Fresh transfers or freeze-all?
Nikolaos Vlachos
- Evaluation of the endometrial environment after failed transfers
Georgios Pantos

13:30 – 14:30

Session XXIII

- New data on twin pregnancies in IVF
Makarios Eleftheriadis

- TBA
Nikolaos Polyzos
- Surgical interventions for fertility preservation
Grigorios Grimbizis
- Preimplantation testing for aneuploidy: myths and truths
Efstratios Kolympianakis

14:30 – 15:30

Session XXIV – EMBRYOLOGY TOPICS

- “Invisible” variability in the IVF lab: impact on outcomes
Despina Tzanakaki
- New recommendations of the revised ESHRE/ALPHA Istanbul Consensus
I. Sfontouris

15:30 – 16:30

Closing – Conclusions – Future Perspectives

FACULTY / SPEAKERS LIST

Athnasiou, Vasilis

Obstetrician–Gynecologist
Scientific Director, IVF Athens Center

Athnasiou, Ioanna

Obstetrician–Gynecologist

Antsaklis, Aristeidis

Professor of Obstetrics–Gynecology & Perinatal Medicine
National and Kapodistrian University of Athens

Antonakis, Georgios

Professor of Obstetrics–Gynecology
Director, Assisted Reproduction Unit & OB/GYN Clinic
University of Patras

Anyfantis, Georgios-S.

Assistant Professor of Embryology
School of Medicine, University of Thessaly

Asimakopoulos, Vyron

Professor of Physiology
Director, Laboratory of Physiology & Reproductive Medicine
Democritus University of Thrace

Vakas, Panagiotis

Professor of Obstetrics and Gynecology
Aretaieio Hospital, Athens

Vaxevanoglou, Terpsi

Senior Clinical Embryologist
Head of IVF Laboratory

Vasilopoulos, Ioannis

Obstetrician–Gynecologist

Venetis, Christos

Assistant Professor of OB/GYN (AUTH)
Senior Consultant Gynecologist & Fertility Specialist
UNSW Sydney, Australia

Vlachos, Nikolaos

Professor of OB/GYN & Assisted Reproduction
University of Athens
Director, 2nd OB/GYN Clinic, Aretaieio Hospital

Vrachnis, Nikolaos

Associate Professor of OB/GYN
University of Athens

Galatidou, Stella

Clinical Embryologist, Eugin

Georgiou, Ioannis

Professor of Medical Genetics & Assisted Reproduction
University of Ioannina

Yatras, Konstantinos

Obstetrician–Gynecologist

Goutzioulis, Fotios

Obstetrician–Gynecologist
Deputy Scientific Director, FIVI Fertility Center

Grimbizis, Grigorios

Professor of OB/GYN
Aristotle University of Thessaloniki
Papageorgiou Hospital

Grigorakis, Stylianos

Reproductive Gynecologist, FRCOG

Daouti, Chara

Data Protection Officer (IASO Group)
Partner, Lambadarios Law Firm

Daskalakis, Georgios

Professor of OB/GYN – Maternal-Fetal Medicine
University of Athens
Director, Alexandra Hospital

Deligeoroglou, Efthymios

Professor Emeritus of OB/GYN
President, Hellenic Society of Gynecological Endocrinology

Deligeoroglou, Evangelia

Obstetrician–Gynecologist

Deligeoroglou, Nikoletta

Lawyer

Despotidi, Athanasia

Dimitraki, Marina

Obstetrician–Gynecologist, Embryolab

Dimitropoulos, Konstantinos

OB/GYN Surgeon
Fertility Specialist, Institute of Life Athens

Dimitroulis, Konstantinos

OB/GYN Surgeon
Director, Biogenetics Center

Dovas, Dimitrios

Obstetrician–Gynecologist
Director, New Life IVF Center, Thessaloniki

Douliotis, Ioannis

Obstetrician–Gynecologist
Specialist in Assisted Reproduction

Drakakis, Petros

Professor of OB/GYN
Director, Attikon University Hospital

Drakopoulos, Panagiotis

Visiting Professor
UZ Brussels & Alexandria University

Eleftheriadis, Makarios

Professor of Obstetrics and Gynecology

Evgeni, Lina

Reproductive Biologist (MPhil, PhD)

Zervas, Ioannis

Obstetrician–Gynecologist

Zervomanolakis, Ioannis

OB/GYN Surgeon, PhD
CEO, Hygeia IVF Embryogenesis

Zikopoulos, Konstantinos

Professor of OB/GYN & Assisted Reproduction
University of Ioannina

Ziogas, Apostolos

Obstetrician–Gynecologist

Ioannidis, Georgios

OB/GYN Surgeon
Director, GONIMOTIS Reproductive Center

Kalampokas, Theodoros

Assistant Professor of OB/GYN
University of Athens

Kalantaridou, Sofia

Professor of OB/GYN & Infertility
University of Athens

Kalantzopoulos, Georgios

Obstetrician–Gynecologist

Kalogirou, Ioannis

OB/GYN Surgeon
Fertility Specialist

Kanakas, Nikolaos

Obstetrician–Gynecologist, PhD
Scientific Director, Embryoland IVF

Kapetanakis, Vasilis

MD, FACOG

Director, Endoscopic Reproductive Surgery

Karagiannidis, Lazaros

Karantzis, Panagiotis

Reproductive Medicine Specialist

Deputy Scientific Director, IVF Unit

Karastefanou, Kalliopi

Obstetrician–Gynecologist

Kargakou, Magdalini

OB/GYN

Director, El. Venizelou Hospital

Karkanaki, Artemis

Gynecologist

Assisted Reproduction Specialist

Kastoras, Athanasios

Kellaris, Vasileios

MD, MSc, PhD

OB/GYN

Vice President, MITERA Hospital

Kerasotis, Aristeidis

Endocrinologist

Director, Department of Endocrinology, IASO

Kessopoulou, Efrosyni

Clinical Embryologist

Klentzeris, Loukas

MD, FRCOG

Obstetrician–Gynecologist

Former Professor, UK

Kolympianakis, Efstratios

Professor of OB/GYN & Assisted Reproduction

Aristotle University of Thessaloniki

Kontogianni, Eleni

Senior Clinical Embryologist

Kontopoulos, Georgios

Obstetrician–Gynecologist

Institute of Life

Koutlaki, Nikoletta

Obstetrician–Gynecologist

Koutsilieris, Michail

Professor Emeritus, Medical School, University of Athens
President, State Scholarships Foundation

Kreatsas, Georgios

Professor Emeritus of OB/GYN

Kriari, Ismini

Professor Emeritus, Panteion University
Member, National Bioethics Committee

Krokos, Panagiotis

MD, MSc
Obstetrician–Gynecologist

Kyprioti, Zinovia

Clinical Embryologist

Konstantatakis, Ioannis

Director, Institute of Life

Kostas, Konstantinos

Obstetrician–Gynecologist
Reproductive Medicine Specialist

Ladogiannis, Georgios

Lawyer

Lainas, Tryfon

Reproductive Gynecologist
Director, IVF Unit “Eugonia”

Loutradi, Dimitrios

Professor of OB/GYN
University of Athens

Lytras, Theodoros

Assistant Professor of Civil Law
University of Athens

Makedos, Anastasios

Obstetrician–Gynecologist

Makrakis, Evangelos

OB/GYN, Reproductive Specialist

Makrigiannakis, Antonios

Professor of OB/GYN
University of Crete
Director, University Hospital Heraklion

Mamas, Leonidas

Obstetrician–Gynecologist

Manias, Nikolaos

Obstetrician–Gynecologist

Mantzavinos, Themis

Associate Professor of OB/GYN

President, Hellenic Society of Assisted Reproduction

Mantzavinos, Spyros

Obstetrician–Gynecologist

Mantoudis, Evripidis

Reproductive Gynecologist

Mastromina, Ioanna

Clinical Embryologist

Mavrellos, Konstantinos

Obstetrician–Gynecologist

Messini, Christina

Lecturer in OB/GYN

University of Thessaly

Messinis, Ioannis

Professor Emeritus of OB/GYN

Former Rector, University of Thessaly

Minaretzis, Dimitrios

OB/GYN Surgeon

Michalopoulos, Ioannis

Reproductive Gynecologist

Bathrellos, Nikolaos

OB/GYN, Assisted Reproduction Specialist

Bolaris, Stamatis

PhD, Clinical Embryologist

Bompotis, Michail

MRCOG, OB/GYN

Bosdou, Ioulia

Gynecologist

Nikitos, Eros

Clinical Embryologist

Laboratory Director

Nikiforaki, Dimitra

Clinical Embryologist

Nikolakopoulou, Mairy

Lawyer

Nikoletos, Nikos

Professor of OB/GYN & Assisted Reproduction

Nikolopoulos, Georgios

Obstetrician–Gynecologist

Dafopoulos, Konstantinos

Professor of OB/GYN
University of Thessaly

Dinopoulou, Valia

Clinical Embryologist

Domali, Aikaterini

Associate Professor of OB/GYN
University of Athens

Doutsoulis, Georgios

Obstetrician–Gynecologist

Xydias, Georgios

Obstetrician–Gynecologist

Panagiotidis, Ioannis

PhD, Clinical Embryologist

Pantos, Konstantinos

OB/GYN
Scientific Director, Genesis Athens

Pantos, Georgios

Professor of OB/GYN
President, Hellenic Fertility Society

Pantou, Agni

OB/GYN Resident, Clinical Researcher

Papageorgiou, Theocharis

Assistant Professor of OB/GYN

Papadopoulos, Stylianos

OB/GYN Surgeon, IVF Specialist

Papanikolaopoulos, Christodoulos

Reproductive Gynecologist

Papacharitou, Stamatis

Reproductive Biologist

Pappas, Christos

Obstetrician–Gynecologist

Parashos, Athanasios

Obstetrician–Gynecologist

Partsinivelos, Georgios

Reproductive Specialist

Patrikios, Georgios

Senior Medical Officer, IVF Unit

Pachydakis, Anastasios

Obstetrician–Gynecologist

Pelekanos, Michalis

PhD, Clinical Embryologist

Petrogiannis, Nikolaos

Obstetrician–Gynecologist

Pistofidis, Georgios

OB/GYN Surgeon, Laparoscopic Specialist

Polyzos, Nikolaos

Professor, Health Policy & Management

Polyzos, Panagiotis

OB/GYN, Reproductive Specialist

Prapas, Ioannis

Professor Emeritus of OB/GYN

Raptis, Ioannis

OB/GYN, Endoscopic Surgeon

Rodolakis, Alexandros

Professor of Gynecologic Oncology

Simopoulou, Mara

Associate Professor of Physiology–Embryology

Sousis, Iakovos

OB/GYN, FRCOG

Sofoklis, Stavros

Assistant Professor of OB/GYN

Stamogiannou, Lela

Pediatrician – Pediatric Endocrinologist

Stavrakis, Thomas

Obstetrician–Gynecologist

Stefos, Theodoros

Professor of OB/GYN

Syristatidis, Charalampos

Professor of Reproductive Medicine

Sfakianoudi, Evangelia
Lawyer

Sfakianoudis, Konstantinos
Reproductive Specialist

Sfontouris, Ioannis
Clinical Embryologist

Sotirchos, Athanasios
Reproductive Specialist

Tarlatzi, Nonika
Gynecologist, Reproductive Endocrinology Specialist

Tarlatzis, Vasileios
Professor of OB/GYN & Human Reproduction

Tzanakaki, Despoina
Clinical Embryologist

Tzeferakos, Dimitrios
Obstetrician–Gynecologist

Tzeferakos, Alexandros D.
Obstetrician–Gynecologist, IVF Director

Timotheou, Evangelia
Clinical Embryologist

Touloupi, Evgenia
Pediatrician

Triantafyllidou, Olga
OB/GYN, PhD

Tsagias, Nikolaos
Obstetrician–Gynecologist

Tsakos, Ilias
FRCOG, IVF Director

Tsirigotis, Marinos
Reproductive Gynecologist

Fiakas, Vasileios
Obstetrician–Gynecologist

Filippa, Maria
Senior Clinical Embryologist

Fountas, Serafim
Obstetrician–Gynecologist

Fraidakis, Matthaios

MD, PhD

Founder & CEO, Crete Fertility Centre

Charvalou, Aikaterini

Professor of Microbiology / Molecular Biology

Chatzimeletiou, Katerina

Associate Professor of Embryology & Genetics

Chiniadis, Charis

Reproductive Gynecologist

Christopikou, Dimitra

PhD, Head of Genetics Department

Chronopoulou, Margarita

Senior Clinical Embryologist

Psathas, Panagiotis

Obstetrician–Gynecologist